



Westboro December 14 & New Edinburgh December 21 (**NEW**)

NEWS RELEASE

December 3, 2013

FOR IMMEDIATE RELEASE

Don't Miss Flavours of Ottawa: Holiday Food Markets

OTTAWA — Ottawa foodies will not want to miss the second annual ***Flavours of Ottawa: Westboro Holiday Food Market*** on Saturday, December 14th from 10 a.m. to 3:30 p.m. at the Westboro Masonic Hall located at 430 Churchill Ave. at Byron in Westboro and sponsored by Diane Allingham & Jennifer Stewart, neighbourhood real estate brokers at Royal LePage, Kitchenalia, Emulsify and Givopoly.

In addition, the first annual ***Flavours of Ottawa: New Edinburgh Stocking Stuffer Specialty Food Market*** will take place on Saturday December 21st from 10 a.m. to 3:30 p.m. at St. Bartholomew's Church located at 125 McKay St. and sponsored by Sezlik.com, brokers at Royal LePage.

A diverse group of 20 of Ottawa's celebrated food artisans will be selling their products including, cake pops, macarons, cookies, pies, tortieres, teas, jams, chutneys, salsas, chocolates, honey, salad dressings and gluten free baked goods. It's a one-stop-shop for all your holiday entertaining and gift giving needs. We are delighted to welcome some new vendors including Tree Well (sap drinks), Bacannelle (Caribbean soul food), Heavenly Honey, Just Wing'it (BBQ spices), Island Spiced (hot sauces), Olivia Chocolatiers, Carolina's Box of Goodness (artisan brownies), and Morsel (artisan caramels).

Be sure to come hungry so you can sample the gourmet products and for lunch have a delicious sweet potato curry and rice with cucumber yogurt, almonds and herbs served out of the Relish food truck.

Admission to the holiday food markets is free, but donations are welcome for the local food banks. "It is important for us to support a local organization in the community. The local food banks fit the bill because it is natural for a group of food producers to give to an organization that feeds people in the area," explains Nicola Maule, the event organizer from connection360.

This event is organized by the Ottawa Specialty Food Association (OSFA) founded early in 2012. "We wanted to form an organization that supports local food creators," explains Andrew Craig of Major Craig's Chutney. "Our dream is for the OSFA to help mentor new food artisans, get better prices from supplies and promote more established food artisans with events such as ***Flavours of Ottawa: Holiday Food Markets.***"

So if you only make it out to one holiday fair this season, why not come and support Ottawa's local artisan food vendors at ***Flavours of Ottawa: Westboro and New Ediburgh Holiday Food Markets*** on December 14th and 21st. You will come away with delicious gourmet products that will tantalize the taste buds of your friends and family this holiday season.

For media enquiries and more information please contact:

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Event Locations:

Saturday, December 14, 2013

10 a.m. to 3:30 p.m.

Westboro Masonic Hall

430 Churchill Ave at Byron, Westboro

Saturday, December 21, 2013

10 a.m. to 3:30 p.m.

St. Bartholomew's Church Hall

125 MacKay St. , New Edinburgh

Local Food Artisans and their Holiday Specialty

Auntie Lulu's Country Kitchen	Sweet and savoury jams and jellies
Baccanalle	Caribbean baked goods and soul food
Bez Gluten Free	Gluten free Christmas pudding with brandy sauce
Carolina's Box of Goodness	Dulce de Leche and artisan brownies
Chamomile Desjardins Hot Sauces	Hot pepper sauces from mild to hot
Hearty Bakery	Macarons, hot chocolate on a stick and shortbread
Kawalsa	Delicious salsa low in salt
Heavenly Honey	Honey products
Island Spiced	Jerk and hot Sauces
Just Wing'it	Barbeque rubs and sauces
Life of Pie	Tortieres, fruit cakes and pies
Major Craig's Chutney	Date and cranberry, mango, and pomegranate ice wine chutneys
Morsel	Specialty caramel and sauces
OHM Bars	High fibre & iron, and gluten & dairy free health bars
Olivia Chocolatiers	Gourmet chocolate products
Really Horrible Enterprises	Vanilla extract from vanilla beans and alcohol
Relish The Flavour	Homemade tacos and doughnuts served on-site
Richard's Hintonburg Kitchen	Preserves and hot sauces as well as pickled vegetables
Snell House Foods	Salad dressings and sauces
Tea and Ginseng	Specialty tea blends
Tree Well	Sap drinks
Yummy Cookies	Decorated holiday cookies, gingerbread houses, sweet & savoury shortbread